



Patient Name:

Clinician Signature:

ID number:

Date:

Look – 20 seconds	Score		Care Recommendations
	Left Foot	Right Foot	
1. Skin 0 = intact and healthy 1 = dry with fungus or light callus 2 = heavy callus build up 3 = open ulceration or history of previous ulcer			
2. Nails 0 = well-kept 1 = unkempt and ragged 2 = thick, damaged, or infected			
3. Deformity 0 = no deformity 2 = mild deformity 4 = major deformity			
4. Footwear 0 = appropriate 1 = inappropriate 2 = causing trauma			
Touch – 10 seconds	Left Foot	Right Foot	Care Recommendations
5. Temperature – Cold 0 = foot warm 1 = foot is cold			
6. Temperature – Hot 0 = foot is warm 1 = foot is hot			
7. Range of Motion 0 = full range to hallux 1 = hallux limitus 2 = hallux rigidus 3 = hallux amputation			
Assess – 30 seconds	Left Foot	Right Foot	Care Recommendations
8. Sensation – Monofilament Testing 0 = 10 sites detected 2 = 7 to 9 sites detected 4 = 0 to 6 sites detected			
9. Sensation – Ask 4 Questions: i. Are your feet ever numb? ii. Do they ever tingle? iii. Do they ever burn? iv. Do they ever feel like insects are crawling on them? 0 = no to all questions 2 = yes to any of the questions			
10. Pedal Pulses 0 = present 1 = absent			
11. Dependent Rubor 0 = no 1 = yes			
12. Erythema 0 = no 1 = yes			
Score Totals =			

Screening for foot ulcers and/or limb-threatening complications. Use the highest score from left or right foot.

Score = 0 to 6 → recommend screening yearly

Score = 7 to 12 → recommend screening every 6 months

Score = 13 to 19 → recommend screening every 3 months

Score = 20 to 25 → recommend screening every 1 to 3 months

Comments: